

Home Visiting Programs Guide

2019



Presented by the
Cambridge Birth to Third Partnership

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HOW TO USE THIS GUIDE

Cambridge and Somerville have a variety of Home Visiting Programs that are designed to meet the different needs of families. This guide supports the process in finding the right match for families by providing a step by step process to partner with families in finding the best program for them.

Benefits of a Home Visiting Program

Home visiting Programs primary purpose is to support and encourage parents and caregivers, share information, and connect to resources in their home and/or convenient location.

STEP 1: Share the benefits of engagement for families

Parenting can be challenging; we all need support. Support could take many forms. It could be a play group and connecting to the library. For others, it might be a one time home visit and connection to long term home visiting.

STEP 2: Discuss when a Home Visiting Program would be helpful.

Ask the family questions about their transition to parenthood and pregnancy. While the parent is talking, actively listen to the needs of the family.

Listen for:

- General stress about being a new parent
- Concern about child's development
- Particular stressors like being a young parent, use or prior substance use, mental health challenges
- Significant financial struggles
- Challenges with how to relate to/play with/engage with child

STEP 3: Suggest Programs

Use individual program descriptions to suggest programs that may support a family's current needs. It could make sense to refer families to more than one program. Please note most of these programs are at no cost to families.

STEP 4: Follow-Up

When you refer a family to a program, follow-up on the referrals either with the provider or the family. This helps families navigate through any additional obstacles that may arise.

Note, a release of information may be needed from the parent to refer them to a program.

Additional Support

We are happy to answer any questions, make corrections or talk over referrals. Thanks for all the hard work you do!

Megan Postal, Birth to Third Grade Home Visiting
meganpostal@gmail.com

TYPES OF HOME VISITING PROGRAMS

Use this glossary to determine which type of program matches best with the family.

Prevention

Comprehensive Parenting Family Support

Time Period: Can be short or long term.

Staffed By: Trained Home Visitors

Focus: Support families in child development, parenting skills, connection to beneficial services, and concrete support in times of need.

Process: Frequent home visits to work alongside the parent/family to achieve their goals.

Literacy, Play and Early Learning

Time Period: Operates on the school calendar.

Staffed By: Trained Home Visitor

Focus: The primary focus is to support parents as the child's first and most enduring teacher.

Process: Home visitor shares with caregivers/families best practices that promote early learning. Visitors bring toys, books and other tools that engage parent and child in talking and playing.

Universal One Time Visit

Time Period: One visit, but could include additional visit if needed.

Staffed By: Trained Home Visitors

Focus: Connect all families to community resources and share child development information.

Process: They bring a gift for the family to welcome them into the community, parenthood, and share resources available to them.

Intervention

Child at risk for developmental delay

Time Period: Can be short- or long-term depending on the need.

Staffed By: Licensed Clinicians (Physical Therapist, Occupational Therapist, Speech Language Pathologist, Mental Health Clinician, Nurse, etc.)

Focus: Support children and families where there is a delay in the child's development or enough stressors that it could affect a child's development.

Process: Partner with families to provide individualized support to manage challenges and promote development.

Parent/Child Wellbeing

Time Period: Can be short- or long-term depending on the need.

Staffed By: Primarily by licensed clinicians (Physical Therapist, Occupational Therapist, Mental Health Clinician, Nurse, etc.) as well as doulas, breastfeeding counselors, and trained home visitors.

Focus: Supporting the family around specific health or wellness challenges

Process: Working in partnership with the family to provide wrap-around support to promote positive health behaviors and positive parent-child interactions.

TYPES OF HOME VISITING PROGRAMS

The programs are categorized by the primary goal of the program. Most programs offer services in the other categories and can meet the varied needs of a family. A program could be a good fit for a family and not be in the category under their primary concern.



Comprehensive Parenting/Family Support

- Healthy Families (1st Pregnancy, Parent Under 21)
- Riverside Early Head Start (Income Based)
- JF&CS-Visiting Moms

Parent/Child Wellbeing

- CHA—Doula Program (CHA Only)
- JF&CS—Project NESST (Substance Abuse)
- JF&CS—Early Connections (Mental Health, Mom/Baby Attachment)
- Riverside Early Intervention Parenting Partnership (health, mental health, attachment)



Universal One Time Visit

- Agenda for Children: Let's Talk (Cambridge)
- SomerBaby (Somerville)

Comprehensive Parenting/Family Support

- Baby University (Cambridge, neighborhood based)
- Healthy Families (1st Pregnancy, Parent Under 21, Baby Under 1)
- JF&CS-Visiting Moms
- Riverside Early Head Start (Income Based)

Child at risk for developmental delay

- Eliot Early Intervention
- JF&CS—Fragile Beginnings (Transitioning from Neonatal Intensive Care Unit)
- Riverside Early Intervention

Parent/Child Wellbeing

- Center for Families (Cambridge)
- JF&CS—Project NESST (Substance Use/Exposure)
- JF&CS—Early Connections (Mental Health, Mom/Baby Attachment)
- Riverside Early Intervention Parenting Partnership (Before Baby 2 Months, health, mental health, attachment)



Universal One time Visit

- Agenda for Children: Let's Talk (Cambridge)

Comprehensive Parenting Family Support

- Baby University (Cambridge, neighborhood based)
- Riverside Early Head Start (Income Based, Up to Age 3)

Literacy, Play, School Readiness

- Home Based Early Childhood Program (Cambridge, 18 Months and Up)
- Parent Child Home Program (Somerville, 18 Months and Up)

Child at risk for developmental delay

- Eliot Early Intervention (under 3)
- Riverside Early Intervention (under 3)

Parent/Child Wellbeing

- Center for Families (Cambridge)
- JF&CS—Project NESST (Substance Use/Exposure)
- JF&CS—Early Connections (Mental Health, Mom/Baby Attachment, under 3)
- Riverside Preschool Team (3 and Up, Child Behavioral Health Concern)

NAVIGATING PROGRAM DESCRIPTIONS

The one-page description of each home visiting program provides the following information:

- ◆ **Program Focus:** Describes the content area and focus of the work.
- ◆ **Program Details:** Eligibility, number of visits offered, and length of visit.
- ◆ **Additional Offerings/Information:** What other services the program offers, and/or other things to note.

Tips for Success

Eligibility : Use eligibility as the first filter for a referral. However, note that some of these programs have flexibility in who they can accept and others do not. Be familiar with these exceptions to best support families.

Paint the Whole Picture: Many programs have an array of offerings. For instance, some program's primary focus is comprehensive parenting and family support, but also offers workshops, field trips for the whole family, and father get-togethers. Share the primary focus of the program, with families, but tell them additional services maybe available.

What's Missing from this Guide?: The list of programs in this Referral Guide may not be complete. Other home visiting programs might work with the family with special circumstances.

UNIVERSAL ONE TIME VISIT

Agenda for Children Literacy Initiative/ Let's Talk!

Cambridge Public Health Department
119 Windsor Street, Ground Level
Cambridge, MA 02139

Web: LetsTalkCambridge.org Facebook: Let's Talk Cambridge
Twitter: @LetsTalkCambMA



Primary Focus

- Support early brain development
- Promote language and reading development
- Referral to community resources
- Free books

Program Details

Eligibility Requirements: Open to all **Cambridge** families with children birth to 4 years old

Location: Home or other convenient location

Visit Frequency/length: 1-2 visits total, 1-1.5 hours each visit

Languages: Have capacity to serve in many languages

Cost: No cost to families

Additional Offerings/Information

- Parent Workshops
- Playgroups
- StoryWalks
- Book Giveaways
- Programs for Dads
- Summer Book Bike

To schedule a visit:

Contact: Natalia Martinez

Phone: 617-665-3825

Email: nmartinez@challiance.org

COMPREHENSIVE PARENTING and FAMILY SUPPORT

Baby University

Center for Families/Cambridge DHSP
51 Inman St
Cambridge, MA 02139

Web: cambridgema.gov/DHSP/programsforfamilies/babyuniversity
Facebook: Baby U, Cambridge MA Twitter: @CambridgeDHSP



Primary Focus

- Connect with other parents through a 14 week parent education/support series on Saturday mornings
- Learn more about parenting topics, including: play, brain development, positive discipline, managing stress, and strengthening relationships
- Connect with other resources in Cambridge and help parents become better advocates for their children

Program Details

Eligibility Requirements: Cambridge families with at least one child under 4 years old. Neighborhood based.

Location: Home, office or other convenient location

Visit Frequency/length: 45—60 minutes, every 2 weeks for 4 months

Languages: Parent—Level 3 English, limited support in other languages

Cost: No cost to families

Additional Offerings/Information

- Continued connection with Baby U staff and other program graduates (alumni)
- Workshops, events and home visits for alumni families
- Programs for dads

To schedule a visit:

Contact: Angela Conway

Phone: 617-349-6204

Email: aconway@cambridgema.gov

PARENT/CHILD WELLBEING

Center for Families

70 Ridge Avenue (Peabody School)
51 Inman Street (ground level) Cambridge, MA

Web: Cambridgema.gov/dhsp/cff

Facebook: Center for Families Twitter: @cambridgeDHSP



Primary Focus

- Connecting families to community resources, including concrete supports in times of need
- Support families with new babies around attachment, bonding, soothing, and infant massage techniques
- Support families who have questions or concerns around child development, behavior or who are interested in participating in an ASQ screening

Program Details

Eligibility Requirements: Cambridge Resident, Prenatal - 5 years

Location: Home or other convenient location

Visit Frequency/length: Varies, typically 1-5 visits depending on need

Languages: Amharic, Bangla, French, Haitian Creole, Spanish, Tigrinya and Vietnamese

Cost: No cost to families

Additional Offerings/Information

- Parent/child activities
- Parent education workshops
- Cambridge Dads
- Family Events
- Bi-monthly newsletter
- Families must have some risk, such as risk of postpartum depression (PPD), social isolation, or a need for general family support

To schedule a visit:

Christine Doucet

Michelle Godfrey

617-349-6385

cdoucet@cambridgema.gov

mgodfrey@cambridgema.gov

PARENT/CHILD WELLBEING

Cambridge Health Alliance Doula Program

Cambridge Health Alliance
1493 Cambridge St
Cambridge, MA 02139



Web: challiance.org/cha-services/birth-center
Facebook: Cambridge Health Alliance
Twitter: @CambridgeHealthAlliance

Primary Focus

- Support during pregnancy, birth, and postpartum
- Help women/families have a positive birth experience
- Promotes emotional and physical recovery from birth
- Feeding the newborn and mother and infant bonding

Program Details

Eligibility Requirements: Cambridge Health Alliance patient with a referral from a CHA provider, prenatal—baby 6 weeks old

Location: Home

Visit Frequency/length: as needed and up to 6 weeks postpartum

Languages: capacity to serve in many languages

Cost: No cost to families

Additional Offerings/Information

- Drop in weekly support group
- Connection to the breastfeeding support group

For questions or more information:

Contact: CHA Doula Program

Phone: 617-665-1164

Email: mhyde@challiance.org

CHILD AT RISK FOR DEVELOPMENTAL DELAY

Eliot Cambridge/Somerville Early Intervention

366 Somerville Ave
Somerville MA 02143



Web: eliotchs.org/services/children-youth-and-family/ei

Facebook: Eliot Cambridge/Somerville Early Intervention Program

Twitter: @EliotCambridgeSomervilleEIP

Primary Focus

- Intervention for children who have a diagnosis, established developmental delay or who are at risk for delay
- Support children’s development and growth through a consultation approach
- Support the parent/caregiver with strategies that can be embedded in everyday routines

Program Details

Eligibility Requirements: Children, birth to 3 years old, who have, or are at risk (physically, socioemotionally, environmentally) of having a developmental delay.

Location: Home or other convenient location

Visit Frequency/length: 1 hour weekly, up to 1 year for certain developmental challenges or diagnosis up to the child’s 3rd birthday

Languages: Have capacity to serve in many languages

Cost: Covered by insurance or no cost to families

Additional Offerings/Information

- Toddler only therapeutic playgroups
- Parent/child therapeutic playgroups
- Rainbow dance groups
- Feeding groups
- Mindful Parenting groups
- Infant Massage

To schedule a visit:

Contact: Rhonda Gurley

Phone: 339-227-1020

Email: rgurley@eliotchs.org

LITERACY, PLAY and EARLY LEARNING

Home-Based Early Childhood Education Program

Cambridge Public Schools
Haggerty School
110 Cushing St
Cambridge, MA 02139



Web: cpsd.us/departments/home_based_early_childhood_education_program

Primary Focus

- Supports parent in their role as their child's first teacher
- Builds language and learning skills, a foundation for later reading success
- Builds on young children's natural interest in learning by promoting parent-child interaction and play
- Encourages parents to use everyday items and the world around them as learning opportunities

Program Details

Eligibility Requirements: Open to all **Cambridge** families with children between 18 and 42 months as of October of the current school year

Location: Home or other convenient location

Visit Frequency/length: 1 hour weekly, for 2 school years

Languages: Have capacity to serve in many languages

Cost: No cost to families

Additional Offerings/Information

- Free books and educational toys and activities each visit.
- Library visits
- Opportunities to meet with other families
- Field trips

To schedule a visit:

Contact: Peggy Beucler
Phone: 617-349-6849
Email: pbeucler@cpsd.us

PARENT/CHILD WELLBEING

Early Connections/ Conexiones Tempranas (EC/CT)

Jewish Family & Children's Services
1430 Main St
Waltham, MA 02151

Web: jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Early-Connections Facebook: The Center for Early Relationship Support
Twitter: @jfcsboston



Primary Focus

- Therapeutic service for mothers experiencing emotional difficulties during the transition to parenthood
- Specialized treatment, by clinicians trained in perinatal and infant mental health
- Help mothers feel more confident in their new relationship with their baby and to cope with the complex emotions that arise
- Through work with a trained perinatal/early childhood mental health clinician see improved parental health and well-being

Program Details

Eligibility Requirements: Parents who have mental health needs, prenatal to 3 years old.

Location: Home or other convenient location

Visit Frequency/length: Weekly, 1 hour, until child turns 3, or 16 sessions occur, whichever comes first.

Languages: English and Spanish

Cost: Sliding scale fee, some insurances are accepted

Additional Offerings/Information

- Supports mothers struggling with postpartum depression and/or anxiety, or with feelings of disconnection from their baby, support families with babies who have early vulnerabilities or unusual fussiness
- Weekly support groups are offered

To schedule a visit:

Contact: Sarah Nielsen

Phone: 781-860-2195

Email: snielsen@jfcsboston.org

CHILD AT RISK FOR DEVELOPMENTAL DELAY

Fragile Beginnings

Jewish Family & Children's Services
1430 Main St
Waltham, MA 02151



Web: jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Oliver-Ian-and-Serenity-Wolk-Fragile-Beginnings
Facebook: The Center for Early Relationship Support Twitter: @jfcsboston

Primary Focus

- Emotional support for parents of premature infants and other babies who had a NICU stay
- Developmental guidance and connections to resources and other families

Program Details

Eligibility Requirements: Families whose babies, birth to 6 months, spent time in the NICU due to prematurity or other medical complications.

Location: Home, NICU or other convenient location

Visit Frequency/length: weekly for 3-6 months

Languages: English

Cost: No cost to families

Additional Offerings/Information

- Phone Support Group for parents whose baby has had a NICU stay

To schedule a visit:

Contact: Wendy Hurwitz

Phone: 781-693-5623

Email: whurwitz@jfcsboston.org

COMPREHENSIVE PARENTING and FAMILY SUPPORT

Healthy Families Central Middlesex

Jewish Family & Children's Services
1430 Main St
Waltham, MA 02151



Web: jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Healthy-Families

Facebook: [The Center for Early Relationship Support](#) Twitter: [@jfcsboston](#)

Primary Focus

- Pregnancy and parenting support, healthy child development, parental health and wellbeing, and parent-child relationships
- Work with each family to define their strengths and to set and achieve personal goals, learn about positive parenting, and work towards becoming the parent they want to be
- Connect to other resources to support the family

Program Details

Eligibility Requirements: First-time parents age 20 and younger; prenatal or parenting with a child less than 1 year old

Location: Home or other convenient location

Visit Frequency/length: 1 hour weekly until the child turns 3

Languages: Spanish and English

Cost: No cost to families

Additional Offerings/Information

- Family outings/events
- Work with Co-parents
- Parent support group series

To schedule a visit:

Contact: Andrea Siani

Phone: 781-693-1232

Email: Asiani@jfcsboston.org

PARENT/CHILD WELLBEING

Project NESST (Newborns Exposed to Substances: Support & Therapy)

Jewish Family & Children's Services
1430 Main St
Waltham, MA 02151

Web: jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Project-NESST

Facebook: [The Center for Early Relationship Support](https://www.facebook.com/TheCenterforEarlyRelationshipSupport) Twitter: [@jfcsboston](https://twitter.com/jfcsboston)



Primary Focus

- Works with parents, caregivers, and infants to address the impact of substance use and trauma on parents' mental health, the early parent-child relationship, and infant development
- Flexible and individualized meetings to support physical and emotional health during pregnancy and after baby's born
- Support and case management services from a maternal recovery specialist who can offer connections to community resources, including recovery services

Program Details

Eligibility Requirements: Substance-exposed newborns and their families, prenatal to 3 years old

Location: Home or other convenient location

Visit Frequency/length: Weekly, up to 36 months

Languages: English

Cost: No cost to families

Additional Offerings/Information

- Support during baby's hospital stay
- Consultation to address the baby's unique development, sleep, feeding needs, including calming and soothing strategies such as infant massage
- Clinicians are available to provide technical assistance and training to community partners

To schedule a visit:

Contact: Melanie Carrasco
Phone: 781-693-5006
Email: NESST@jfcsboston.org

COMPREHENSIVE PARENTING and FAMILY SUPPORT

Visiting Moms

Jewish Family & Children's Services
1430 Main St
Waltham, MA 02151

Web: jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Lauren-Mark-Rubin-Visiting-Moms

Facebook: The Center for Early Relationship Support Twitter: @jfcsboston



Primary Focus

- Trained volunteers support parents of newborns who are isolated, overwhelmed, or simply adjusting to parenthood
- Nurture the parent and promote healthy parent-baby connection through non-judgmental relationship

Program Details

Eligibility Requirements: Pregnant or a family with a new baby up to 1 year old

Location: Home or other convenient location

Visit Frequency/length: Typically weekly for 1 hour

Languages: English and Spanish available in some communities

Cost: No cost to families

Additional Offerings/Information

- Parent support groups through out greater Boston
- Other Early Relationship Support programs offered

To schedule a visit:

Contact: Debbie Whitehill

Phone: 781-693-5625

Email: dwhitehill@jfcsboston.org

COMPREHENSIVE PARENTING and FAMILY SUPPORT

Riverside Early Head Start

474 Broadway
Somerville, MA 02145

Riverside Community Care®

Web: riversidecc.org/child-family-services/early-childhood-services/early-head-start/

Facebook: [Riverside Community Care](#) Twitter: [@RiversideCCare](#)



Primary Focus

- Partner with parents to promote and support children’s healthy development
- Ensure appropriate learning environments and in-home activities which foster school readiness and achievement
- Support parents in their learning and discovery of new skills and parenting approaches
- Advocacy and support during perinatal period to ensure positive maternal and child health outcomes.

Program Details

Eligibility Requirements: Family income is either: below federal poverty guidelines, between 100-130% FPL, McKinney-Vento Homeless, or receiving TANF-SSI, Prenatal—3 years old

Location: Home or other convenient location

Visit Frequency/length: 90 minutes, weekly for up to 3 years

Languages: Have capacity to serve in many languages

Cost: No cost to families

Additional Offerings/Information

- Monthly parent/child socialization groups
- Family events & trainings
- Family Policy Council
- Transitions to Head Start and other community child care providers
- Sensory, ASQ, and Mental Health screenings and referral

To schedule a visit:

Phone: 617-629-6652

Email: earlyheadstart@riversidecc.org

CHILD AT RISK FOR DEVELOPMENTAL DELAY

Riverside Early Intervention Program

12 Tyler St.
Somerville, MA 02143

Riverside Community Care®

Web: riversideecc.org/child-family-services/early-childhood-services/early-intervention/

Facebook: [Riverside Community Care](#) Twitter: [@RiversideCCare](#)

Primary Focus

- Assess child's development and parent wellness
- Partner with family building on culture & daily routines
- Individualized combination of supportive coaching, modeling, strategies, education, and hands-on treatment based on the child's and caregiver's preferences and learning needs
- Connection to community resources and programs
- Multi-disciplinary team includes R.N, physical therapists, occupational therapists, speech-language pathologists, developmental specialists, music therapists, mental health counselors and social workers

Program Details

Eligibility Requirements: Children, birth to 3 years old with an established developmental delay or at risk of one due to physical, socio-emotional and environmental factors

Location: Home or other convenient location

Visit Frequency/length: Frequency determined by need and caregiver preference, from several times a week to monthly. Length of service: up to the child's third birthday

Languages: Can change based on staffing. Currently speak Spanish, Portuguese, French, Mandarin, Cantonese, and Hebrew. Hire translators for other languages

Cost: No cost to families

Additional Offerings/Information

- Parent support groups (some open to community members not enrolled in EI)
- Parent-child playgroups (open to community members not enrolled in EI)
 - Infant massage
 - Rainbow Dance and Music & Movement
 - Feeding
 - Complex Medical Needs

To schedule a visit:

Contact: Monica Marcano

Phone: 617-702-5755

Email:

cambsomeireferrals@riversideecc.org

PARENT/CHILD WELLBEING

Early Intervention Parenting Partnerships (EIPP)

Riverside Community Care
12 Tyler St.
Somerville, MA 02143



Web: riversidecc.org/child-family-services/early-childhood-services/early-intervention/

Facebook: [Riverside Community Care](#) Twitter: [@RiversideCCare](#)

Primary Focus

- Identify and reduce stressors to promote healthy pregnancy and infant development
- Secure attachment in the mother-baby dyad
- Promote maternal knowledge and confidence
- Connection to community resources and programs
- Multi-disciplinary team includes maternal child health R.N., mental health clinicians, community health worker, certified lactation consultant, and nutritionist

Program Details

Eligibility Requirements: Pregnant or postpartum women with children under 2 months old with high level of stress, mental health concerns, substance use, insecure housing, food or clothing, high risk pregnancy, lack of prenatal care, poor previous birth outcomes, hepatitis B positive. If you are worried about a mom get in touch!

Location: Home or other convenient location

Visit Frequency/length: Frequency determined by need and caregiver preference, from several times a week to monthly. Length of service: till the child's first birthday

Languages: Can change based on staffing. Currently speak Spanish, Portuguese, and French. Hire translators for other languages

Cost: Services provided at no cost to families

Additional Offerings/Information

- Groups for moms and babies
- Connection to our EI program with continuity of care

To schedule a visit:

Contact: Kathryn Killoran

Phone: 617-755-3071

Email: eippreferrals@riversidecc.org

PARENT/CHILD WELLBEING

Riverside Preschool Team

111 South St
Somerville, MA 02143

Riverside Community Care®

Web: riversidecc.org/child-family-services/early-childhood-services/preschool-team/

Facebook: [Riverside Community Care](#) Twitter: [@RiversideCCare](#)

Primary Focus

- In-home therapeutic services to address emotional and behavioral difficulties of young children
- Clinicians partner with caregivers to provide personalized services to promote child's healthy behaviors at home, school and in the community and improve family dynamics
- Clinical assessment and treatment to address challenges related to child's development

Program Details

HV Eligibility Requirements: Mass Health Insurance coverage. Cambridge/Somerville residents (some surrounding towns also) Must meet medical necessity., children 3-6 years old

Location: Home, our office or other convenient location

Visit Frequency/length: Weekly, as needed/length determined by medical necessity

Languages: Varies, English, Spanish, Haitian Creole and Portuguese

Fee: Covered by Mass Health insurance

Additional Offerings/Information

- Children struggling with attachment, anxiety, depression, death of a loved one, difficult school behaviors, trauma, oppositional and aggressive outbursts, separation and divorce of caregivers are some typical treatment areas

To schedule a visit:

Contact Erica Mazza

Phone: 617-284-5131

Email: emazza@riversidecc.org

LITERACY, PLAY and EARLY LEARNING

Parent Child Plus

(Formerly known as Parent Child Home Program- PCHP)

42 Prescott Street
Somerville MA 02143

Web: somerville.k12.ma.us/families

Facebook: Somerville Public Schools

Twitter: @SvilleSchools



Primary Focus

- Supporting parents in their role as the child's first teacher
- Promote language, literacy development, and school readiness
- Build on young children's natural interest in learning by promoting parent-child interaction and play, and by encouraging parents to use everyday items and the world around them as learning tools

Program Details

Eligibility Requirements: Open to all **Somerville** families with children 12 months to 3.5 years old. Priority populations families facing poverty, language barriers and other obstacles to school success

Location: Home or other convenient location

Visit Frequency/length: The visits are a half-hour, 2 x week, for 2 program cycles

Languages: English, Spanish, Portuguese and other languages as needed

Cost: No cost to families

Additional Offerings/Information

- SomerBaby Home Visits
- Parent Support Groups
- Ages and Stages Developmental Screenings
- SFCL Playgroups
- Family events, workshops and activities

To schedule a visit:

Contact: Fernanda Villar

Phone: (617) 625-6600 x 6992

Email: fvillar@k12.somerville.ma.us

UNIVERSAL ONE TIME VISIT

SomerBaby

42 Prescott Street
Somerville MA 02143

Web: somerville.k12.ma.us/somerbaby

Facebook: [Somerville Public Schools](#)

Twitter: [@SvilleSchools](#)



Primary Focus

- SomerBaby is a universal one-time Home Visiting program to welcome all families with newborns to Somerville
- Families receive a beautiful SomerBaby bag filled with special gifts and resources for baby and family
- Home Visitors share information about literacy, child development, community resources, activities and events
- SomerBaby is a central point of entry for families to access Somerville services

Program Details

Eligibility Requirements: Open to all **Somerville** families with children birth to 6 months old

Location: Home or other convenient location

Visit Frequency/length: 1 time, 1 hours visit with follow-up

Languages: English, Spanish, Portuguese and other languages as needed

Cost: No cost to families

Additional Offerings/Information

- Parent Support Groups
- Parent-Child Plus Early Literacy Home Visiting Program
- Playgroups
- Ages and Stages Developmental Screenings
- Family events, workshops and activities

To schedule a visit:

Contact: Flor Apolaya

Phone: (617) 625-6600 X 6702

Email: fapolaya@k12.somerville.ma.us

Home Visiting Programs Guide

The vision of the Birth to 3rd grade partnership is an easily accessed, aligned and coherent system of affordable high quality education and care that begins with prenatal care and extends through 3rd grade.



FIND US AT:

<https://www.cpsd.us/departments/b3>